

We Dominican Sisters are encouraging all who wish to make a pilgrimage of hope for creation. "Pilgrimages are not like vacations, but more like *intentional journeys of transformation to wholeness*. We encourage everyone to make such a pilgrimage. ...Perhaps a multiday journey...or, as short as a 30minute reflection in the back yard or a nearby park." Sr. Sharon Zayac, OP.

Read more about pilgrimages here. (link to What is a pilgrimage?)

- 1) Pilgrimages in your local areas may include:
 - Community Gardens
 - o City or State Parks
 - Lakes & River areas
 - Backyards
 - o Sites that hold special memories
 - \circ $\;$ Bread lines, soup kitchens, agencies that give direct assistance to poor
 - Places where buildings or old strip malls lie empty and abandoned
 - o Areas of urban sprawl, abandoned lots
 - Polluted, degraded areas

Where else might you go? Share ideas with others by word of mouth, social media **#pilgimsofhope** and/or **@springfieldop**

- 1) Pilgrimages outside your local area may include:
 - Favorite places of beauty
 - Favorite vacation sites
 - o Landfills
 - Polluted, degraded areas
- 3) Pilgrimage possibilities in the Springfield area may include:
 - o Adams Wildlife Sanctuary
 - o Camp CILCA, Lutheran Campground (Cantrall)
 - Enos Park Neighborhood Gardens
 - o <u>St. John's Breadline</u>
 - o Jubilee Farm Dominican Center for Ecology and Spirituality
 - o 25th Year Anniversary- Saturday, September 20, 2025, 10AM-2PM
 - o Lake Springfield
 - o Lincoln Memorial Gardens
 - o Washington Park
 - o <u>Southwind Park</u>
 - o Lincoln Park
 - o <u>Riverside Park</u>
 - Driving tour of places where buildings and homes are discarded, empty, waiting to be helpful in new ways, for example, Town and Country Shopping Center, 2403 S MacArthur Blvd, Springfield, IL 62704 or properties that are recognized by the city as neglected or blighted, called <u>Cited Properties</u>.